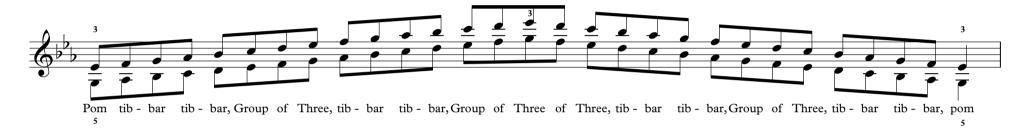
This document is a free resource provided by johnbowenpiano.co.uk as supplementary material to the video lessons there. All the following scales appear on the ABRSM piano syllabus at Grade 7. The information here is accurate February 2021 but syllabuses should be checked for changes.

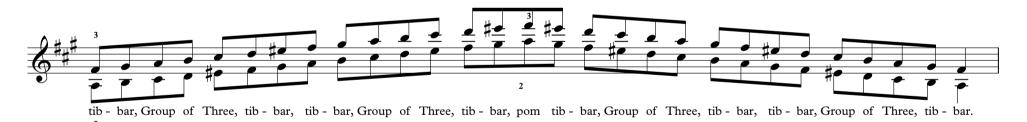
SCALES PLAYED A SIXTH APART

LESSON 1 - Group 3 Scales

Eb major (on the syllabus)



F# harmonic minor (on the syllabus)



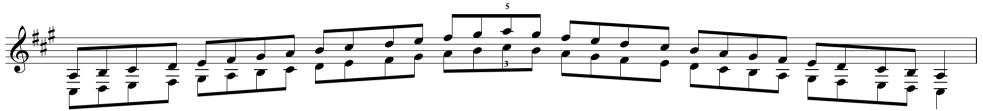
or



Pom 4s Group of Three, Group o pom

LESSON 2 - Group 1 Scales

A major (on the syllabus)



Group of Three, Group of Three

A harmonic minor (on the syllabus)



Group of Three, Group of Three, 4s Group of Three, Group of Th

C harmonic minor (on the syllabus)



Group of Three, Group of Three

C major (on the syllabus)



Group of Three, Group of Three

Or, the more obvious and equally acceptable version



E major (NOT on the syllabus)



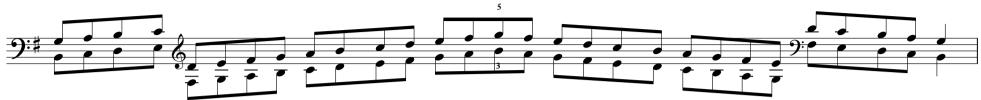
Group of Three, Group of Three

E harmonic minor (NOT on the syllabus)



Group of Three, Group of Three, 4s Group of Three, Group of Th

G major (NOT on the syllabus)



Group of Three, Group of Three, 4s Group of Three, Group of Th

G harmonic minor (NOT on the syllabus)



Group of Three, Group of Three

D major (NOT on the syllabus)



Group of Three, Group of Three, 4s Group of Three, Group of Th

D harmonic minor (NOT on the syllabus)

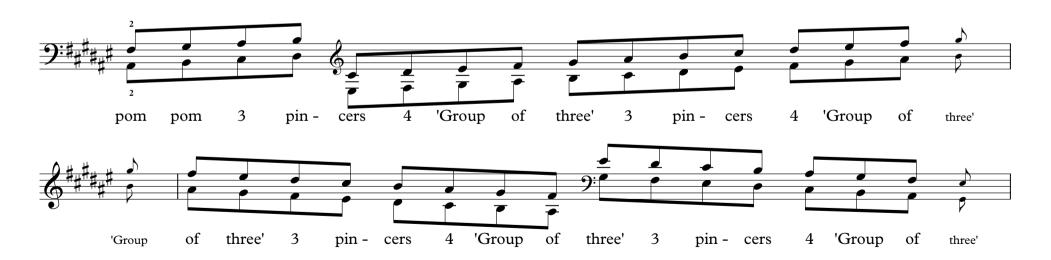


Group of Three, Group of Three

LESSON 3 - Group 2 Scales

F# major (on the syllabus) - Focus on the LH on the way up and on the RH on the way down. Practice the upwards and downwards scales separately including, to start with, the notes in small print before removing them.

Notice that PINCERS in Group 2 scales in 6ths is no longer always "white-white"



Eb harmonic minor (on the syllabus)

Focus on the LH on the way up, on the RH on the way down. The topmost LH not may be played by any of 2, 3 or 4. B careful to observe the D naturals

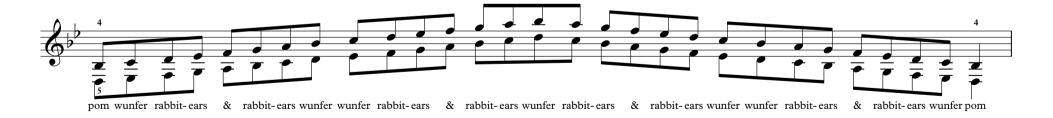


LESSON 4 - Group 5 Scales

Bb major (NOT on the syllabus)

You will see on the script below a new codeword required only for this scale -

WUNFER - Thumb in one hand while the other plays fourth finger, from ONE-FOUR, therefore "WUNFER"!

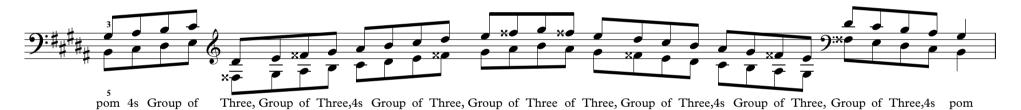


LESSON 5 - Group 4 Scales

Ab major (NOT on the syllabus)



G# harmonic minor (NOT on the syllabus)



C# harmonic minor (NOT on the syllabus)



LESSON 6 - Remaining Group 2 Scales NOT on the syllabus0

Db major (NOT on the syllabus)



Pom 4'Group of three'3 pin -cers 4'Group of three'3 pin -cers 4'Group of three'3 Pom

Bb harmonic minor (NOT on the syllabus)



3 pin -cers 4'Group of three'3 pin -cers 4'Group of three'4'Group of three'3 pin -cers 4'Group of three'3 pin -cers 4

B major (NOT on the syllabus)



Pin -cers 4 'Group of three'3 pin -cers 4 'Group of three'3 pom 4 'Group of three'3 pin -cers 4 'Group of three'3 pin -cers

B harmonic minor (NOT on the syllabus)



Pin -cers 4'Group of three'3 pin -cers 4'Group of three'3 pom 4'Group of three'3 pin -cers 4'Group of three'3 pin -cers

F harmonic minor (NOT on the syllabus)



'Group of three'3 pin -cers 4 'Group of three'3 pin -cers 4 pom 3 pin -cers 4 'Group of three' pin -cers 4 'Group of three'

F major (NOT on the syllabus)



'Group of three' 3 pin -cers 4 'Group of three' 3 pin -cers 4 pom 3 pin -cers 4 'Group of three' 3 pin -cers 4 'Group of three'

or



Group of four—Group of three Group of four—Group of three Group of four—Group of four—Group of four—Group of three Group of four—Group of three Group of four—Group of three Group of four—Group of four—Group of three Group of four—Group of f

or use exactly the same fingering as for F major in octaves!